

Youth Guided

Youth Guided means that young people have the right to be empowered, educated, and given a decision making role in the care of their own lives as well as the policies and procedures governing care for all youth in the community, state and nation. This includes giving young people a sustainable voice and the focus should be towards creating a safe environment enabling a young person to gain self-sustainability in accordance to their culture and beliefs. Through the eyes of a youth guided approach we are aware that there is a continuum of power and choice that young people should have based on their understanding and maturity in this strength based change process. Youth guided also means that this process should be fun and worthwhile.

Youth Driven

Youth, initiated, planned and executed in partnership with others
Expert level of understanding

Youth advocate for other young people

Youth Directed

Continuing with Youth Guided process
In a safe place (not in continual crisis)
Taking a more active decision making role in treatment and within the system of care (policy, etc)

Increased knowledge of services and resources
Deeper understand of the system

Youth Guided

Knowledge of services
Beginning to research and ask questions about resources
Beginning to understand the process of the system and services

Voice in identifying needs and supports
Learning how to self advocate
Articulate experience and what helps and what harms

Education

Foundation

Awareness

Foundation

Resources

Foundation

Support

Foundation

Philosophies